



GENDER EQUALITY

video clip and conversation resource



HOW TO USE THIS RESOURCE



This exercise is designed to be a short, informative and thought-provoking discussion about the relationship between rigid gender roles and stereotypes, and gender equality.

1. Have the presenter read through the information slide prior to presenting to the group
2. Show the 45 second video clip titled “*changing the future*”
3. Use the discussion points to generate some conversation on the importance of promoting gender equality

The AFL offer community football club education sessions on the topic of respectful relationships and prevention of gender-based violence.

For more information, or to book a presentation for your club please contact education@afl.com.au

INFORMATION

Key points on Gender Equality and the Prevention of Violence against Women

- Challenging the foundation of violence against women starts with equality and respect.
- Denying the acceptance of rigid gender roles is an important step towards shifting the foundations in which gender-based violence occurs.
- Promoting gender equality through sport is an effective way of demonstrating the generational shift in gender stereotypes.
- Normalising the role of female participation in Australian Football is a step towards equalising the playing field in Australia.



DISCUSSION POINTS

❖ **Ask the group to discuss what rigid gender stereotypes might sound like**

Male: strong, tough, unemotional, powerful, dominant , provider, action conscious

Female: housekeeper, child-carer, cleaner, cook, appearance conscious

❖ **What does it mean when Robert Murphy says he's proud to play like a girl?**

Further reference: <https://www.youtube.com/watch?v=XjJQBjWYDTs>

❖ **Discuss the impact of language in talking about females playing football**

Barriers to participation ("girls cant play footy, they're not tough enough")

